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ABSTRACT BOOK

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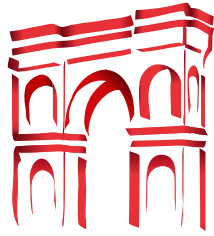


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MILAN, ITALY
JUNE 12-15, 2014

ABSTRACT BOOK



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The Scientific Program Committee has compiled an exciting and topical program of Simultaneous and Poster Sessions from over 2,300 submitted abstracts. Join our expert moderators for a walk along the (e)posters in your field of interest on Friday and Saturday and attend one of the 40 Simultaneous Sessions on Saturday and Sunday. The six Best Abstracts have been selected for presentation during the Presidential Symposium on Saturday afternoon.

In addition, please find at the end of the book also the late breaking abstracts that were submitted, reviewed and selected in April. The Scientific Program Committee is very excited about the quality of the studies represented in these abstracts and feels that they are a nice addition to the program. The eight selected oral presentations will be presented on Saturday in two Late Breaking Simultaneous Sessions. Furthermore, eleven posters are available for viewing in the Poster Area and will be presented on Saturday as well.

On behalf of the EHA Board, the committees and all the people involved in this years' EHA congress, we thank you for coming to Milan and wish you a good meeting.

Pieter Sonneveld
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Bleeding disorders

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CORRELATION BETWEEN OXIDATIVE STRESS AND BIOMARKERS OF JOINT DAMAGE IN PATIENTS WITH SEVERE HAEMOPHILIA TREATED BY DIFFERENT PROPHYLAXIS REGIMENS

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Background: Haemophilic arthropathy is the main cause of morbidity in individuals with severe haemophilia and prevention of joint disease is the primary goal of treatment. Recurrent bleeding into joints causes damage to all joint structures, but the precise mechanism by which this induces haemophilic arthropathy is still unclear. Recently, it was shown that one effect of blood in the joint is degradation of cartilage. Biomarkers of cartilage turnover can be measured in physiological fluids, such as plasma and urine.

Aims: The aims of this study were to detect correlation between a marker of oxidative stress -advanced oxidation protein products (AOPP) and serum/urine concentrations of biomarkers of joint cartilage degradation, as well as to estimate the influence of different prophylaxis regimens for severe haemophilia on this process.

Methods: The study included 20 adult patients with severe haemophilia, manifested by plasma factor (F)VIII/IX <1% of normal, without inhibitor. Five patients with haemophilia A received prophylaxis with FVIII concentrate in the standard dose of 20 IU/kg three times per week, while another five patients with haemophilia A were given an intermediate dose of FVIII concentrate as prophylaxis, 10-15 IU/kg thrice weekly. Seven patients with haemophilia A and three with haemophilia B, received FVIII/IX concentrate only on-demand. The following were measured: a) AOPP - a serum marker of oxidative stress and b) biomarkers of joint cartilage degradation - serum cartilage oligomeric matrix protein (COMP) and urinary C-terminal telopeptide of type II collagen (CTX-II). Blood and urine samples were collected initially, before the start of treatment (labelled AOPP-1, COMP-1 and CTX-II-1) and after 3 months follow-up (labelled AOPP-2, COMP-2 and CTX-II-2).

Results: The mean age of the patients was 32 years (range 19-55). In the group of patients given standard dose prophylaxis, the mean values of AOPP-2 ($p=0.018$), COMP-2 ($p=0.043$) and CTX-II-2 ($p=0.014$) were significantly lower than those for AOPP-1, COMP-1 and CTX-II-2. Likewise, the mean values for AOPP-2 ($p=0.047$) and CTX-II-2 ($p=0.028$) in the five patients receiving intermediate dose prophylaxis were also decreased when compared to initial values, but COMP level was not significantly changed. In patients treated on demand the mean values for AOPP, COMP and CTX-II did not alter significantly. The results showed marked positive correlations between AOPP and both COMP and CTX-II. Namely, lower values of AOPP were significantly associated with decreased levels of both biomarkers of cartilage degradation: COMP ($p=0.008$) and CTX-II ($p=0.014$).

Summary and Conclusions: The precise mechanism of joint disease in patients with severe haemophilia remains unknown but probably involves blood-induced increase of oxidative stress, which leads to higher joint cartilage turnover. The most important clinical strategy for management of these patients and prevention of severe arthropathy is treatment by continuous prophylaxis with intravenously applied FVIII/IX.

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BONE MINERAL DENSITY IN MEN AND CHILDREN WITH HAEMOPHILIA A AND B: A SYSTEMATIC REVIEW AND META-ANALYSIS

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Background: Haemophilia is not considered among the classic causes of secondary osteoporosis.

Aims: The aim of this study was to systematically review the literature for case-control trials that have studied bone mass in males with haemophilia and to meta-analyze the best evidence available.

Methods: Electronic databases MEDLINE, EMBASE and CENTRAL were systematically searched for case-control trials that have studied bone mass in men or boys with haemophilia. Standardized mean difference (SMD) for bone mineral density (BMD) in the lumbar spine was the main study outcome and SMD in femoral neck and total hip BMD the secondary ones. Patient and control characteristics, such as age, body mass index (BMI), level of physical activity

and blood-borne infections were recorded as possible predictors of the main outcome.

Results: Thirteen studies were included in the systematic review and 10 in the main outcome meta-analysis. Men with haemophilia demonstrated reduced lumbar spine [random effects SMD [95% confidence interval (CI)] -0.56 (-0.84; -0.28), between-study heterogeneity ($I^2=51%$) and femoral neck BMD [random effects SMD (95% CI) -0.82 (-1.21; -0.44), $I^2=63%$] compared with controls, which indicated a large and clinically significant association. Similar results were obtained for children [random effects SMD (95% CI) -0.92 (-1.77; -0.07), $I^2=92%$]. No evidence of publication bias was detected. There was no evidence that age, BMI, level of physical activity or presence of blood-borne infections predicted lumbar spine BMD. Using the 'Common Language Effect Size' approach, the probability is about 72% that an individual without haemophilia would have higher lumbar spine BMD than an individual with haemophilia, if both individuals were chosen at random from a population.

Summary and Conclusions: This meta-analysis shows that men with haemophilia present a significant reduction in both lumbar spine and hip BMD, which appears to begin in childhood.

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CAN SECONDARY PROPHYLAXIS IN HAEMOPHILIA BE A CAUSE OF ISCHEMIA?

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Background: In the treatment of haemophilia, prophylactic factor is used to reduce bleeding frequency, to prevent complications and to improve quality of life. Life expectancy of patients with haemophilia improved with the advent of efficient management of bleeding attacks and widespread use of prophylactic treatment. The incidence of ischemic cardiovascular and cerebrovascular events is known to be lower compared to the general population due to the protective effect of hypocoagulable state associated with factor deficiency in haemophilia patients. The effect of factor administration during bleeding or of prophylactic treatment on ischemia development is not known. SCUBE 1, a new biochemical marker of protein structure, found in endothelial cells and platelets, is stored in α granules of platelets and released when platelets are stimulated. Levels of SCUBE 1 were found elevated in acute coronary syndrome and ischemic cerebrovascular events, making SCUBE 1 an early and potent indicator of ischemia.

Aims: The present study was designed to investigate the effect of factor treatment, SCUBE 1 levels.

Methods: Ten patients with haemophilia A and 3 with haemophilia B receiving prophylactic treatment were included into the study. Bloods samples were collected before and one hour after prophylactic administration. Additionally, during follow-ups, when bleeding episodes were observed blood samples were collected before and one hour after factor administration. In factor-treated cases, blood samples were drawn after administering the first 1000 units. Thirty healthy subjects were used as controls. Sera samples were stored at -80°C and SCUBE 1 levels were studied using ELISA.

Results: Mean age for the patient and control groups were 35±10 and 34±7 years respectively. SCUBE 1 levels for groups were 235.4±20.3 ng/ml, 258.5±23.4 ng/ml and 235.9±16 in control, patients with bleeding before factor administration and patients before prophylaxis, respectively. SCUBE 1 levels were found to be 233.9±19.6 ng/ml and 280±29.7 ng/ml after factor administration in groups admitting for bleeding and prophylaxis, respectively. Statistically, patients admitting for bleeding had higher SCUBE 1 levels compared to controls, decreasing to that of control after factor administration ($p<0.01$). In prophylaxis group, SCUBE 1 levels of patients before factor administration were found to be comparable to that of controls, increased after factor administration ($p<0.0001$).

Summary and Conclusions: We conclude that, factor administration for prophylaxis may lead to ischemia, while administration in case of bleeding may have anti-ischemic behaviour.

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APPLICATION OF THE US NATIONAL INSTITUTE OF HEALTH (NIH) 2008 GUIDELINES FOR VON WILLEBRAND DISEASE IN A NATIONAL PAEDIATRIC COMPREHENSIVE CARE CENTRE.

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Background: Von Willebrand's Disease (VWD) is the most common inherited bleeding condition, affecting males and females in approximately equal proportions, and occurring in up to 1% of the world populations. Clinical and laboratory evaluation for VWD is relatively complex and there is no single laboratory test that can screen for the presence of VWD. The 2008 NHLBI/NIH guidelines on "The Diagnosis, Evaluation and Management of von Willebrand Disease" suggest an algorithmic approach to the clinical and laboratory diagnosis of VWD. These guidelines proposed more stringent diagnostic criteria to replace the 1995 and 2004 UKHDO guidelines.